

**CHERRYBROOK LITTLE ATHLETICS**  
**Pre Season NEWSLETTER NO 1**  
**31 July 2018/19 season**

It is almost time for the 2018/2019 Little Athletics season to commence and Cherrybrook Athletics Club is looking forward to welcoming your family back for another season.

## REGISTRATION

Online Registrations open tomorrow - Wednesday 1st August <http://www.cherrybrookathletics.org>

This season all registrations must be completed and paid for online. Once registered online, athletes and their parents/guardians may attend the Greenway Oval Athletics Clubroom on either Sunday 19th August from 10am - 2pm or Friday the 24th August from 6.00pm – 8.30pm to finalise their registration and collect their competition numbers and uniforms.

U12 – U17 age groups are asked to select Cherrybrook athletics for their Dual registration with our Senior Club. Dual registration is free and recommended.

Athletes wishing to compete in the NSW State Championships in February must be registered with a Seniors club to compete (entry is available to all athletes 12 years and older in 2019, regardless of ability).

## AGE GROUPS

As of this season, Little Athletics have changed their age group dates to coincide with the school system and Athletics NSW.

The age groups this season at Cherrybrook Little Athletics will be from U6 to U17. For this season only, athletes turning 17 years in October to December 2018 may also register as U17 Athletes.

Please refer to the chart which can be found by clicking on: <http://www.lansw.com.au/Portals/44/AgeGroupInfoNEW.jpg>

## UNIFORM

This season the new uniform which was introduced last season, will become mandatory. New Uniforms will be available at our finalising Registration Days. You can prepay for uniforms online or purchase them on the day.

To order online visit <http://www.cherrybrookathletics.org>

## NEW DUTY ROSTER FOR VOLUNTEERS

As parents of athletes who have previously registered with the Club you will be aware that the club is volunteer run and our Friday Night program is run by our parents for our athletes. To improve the quality of our program this season, we are changing our Volunteer Duty System.

When registering, you will be required to choose your official duty for the entire season on Sign Up Genius. The Club will require you to undertake that duty two out of every three programs. On the third program you are asked to assist an Age Manager if required.

If you choose to be the Age Manager or Field Events Recorder, you will be required to be with that age group each week.

We will also be asking parents to take at least one AAOES Level 1 Online Course and attend the Officials training night on Friday August 31st this season. This is a new initiative by the club to have parents more confident at events and athletes receiving an improved athletics experience.

## CONGRATULATIONS!

- Congratulations to **Sara Kely** who has been selected to represent Australia at the **Special Olympics World Games** to be held in Abu Dhabi from 14th – 21st March 2019. This is a self-funded championship event, so if you would like to help Sara in her \$7000 fundraising effort please visit: <https://include.specialolympics.com.au/fundraisers/SaraKely>
- Congratulations to our three athletes that successfully competed at the **ANSW Short Walks + LANSW Walks Championships** at Penrith International Regatta Centre on the 17th June 2018 in blustery conditions.

Well done to:

- ◆ **Natasha Flahey** U9 Gold 1200m Walk
- ◆ **Mia Stewart** U9 Silver 1200m Walk
- ◆ **Jethro Penn** U10 8th 1200m Walk

- Congratulations to our athletes that competed at the **LANSW State Cross Country Championships** at Integral Energy Park, Dapto on Sunday 8th July 2018

Well done to:

- ◆ **Makenzi Gartner** U7 800m 5th
- ◆ **Aliyah Bennett** U8 800m 9th
- ◆ **Ruby Penn** U8 800m 21st
- ◆ **Cameron Gartner** U9 1500m 22nd
- ◆ **Jethro Penn** U10 1500m 21st
- ◆ **Kaylah Bennett** U10 1500m 5th
- ◆ **Rani Sharma** U10 1500m 14th
- ◆ **Amy Timms** U10 1500m 29th
- ◆ **Charlize Gartner** U11 2000m 20th

- Congratulations to **Kailyn Joseph** one of our 2018 Commonwealth Games Representatives who was a deservedly prominent feature of the first edition of the *Cherrybrook Neighbours* magazine. For a great read, please click on this link: [http://n2nmedia.com.au/flowpaper/Cherrybrook/Issue1\\_June/index.html#page=1](http://n2nmedia.com.au/flowpaper/Cherrybrook/Issue1_June/index.html#page=1)

## HELPERS REQUIRED!

### Canteen Coordinator

Unfortunately, at this stage, we are likely to start the season without a Canteen Coordinator, which may mean no canteen operating for this season. Aside from not being able to enjoy a sausage sandwich at the end of the night, it also means the club will lose its biggest fundraiser.

Are you able to help? We need people to purchase the canteen stock for the barbecue each week. We also need someone or a team of people, happy to set up, clean up and pack up the canteen at the end of the night. If you can help with any of these roles, please give Nicky Jenneke a call on 0448 407 716.

### Age Manager Coordinator

Our former Age Manager Coordinator has stepped up to the role of Club President leaving this position vacant. This is an important role to fill so that our Age Managers have the support and assistance they require to deliver the best possible experience to our athletes. If you can assist in this role or would like to learn more, please contact Charlene Stewart on 0411 016 950.

### IT Parents

We are looking for a Timing Gate Coordinator or a team of parents to assist with our timing gates. This would require confidence with IT, setting up the timing gates prior to the commencement of Friday night competition, and the ability to trouble shoot any operational hiccups as well as help train parents with the gates. Full training would be provided for someone with IT experience.

The Club also requires someone to take on the role of records and rankings. This role requires weekly results to be checked (which will be done by our Age Group Field event recorders), keeping records updated, and generating records and results for the end of season awards and annual report.

## GOOD LUCK!

Good luck to our athletes who have qualified for Zone and Regional Championships. We have heard many great stories of significant improvement that some of our athletes from the 2017/2018 season have made in their school cross country and athletics carnivals this year. We hope you will be back again this season to improve once again on those skills.

### WORKING BEE – Sunday 26th August (10am onwards)

The Club will be holding a Working Bee to get ready for the new season. If you would like to lend a hand, please come along with a bucket and cleaning gloves. Athletes are also welcome to assist.

### PRESENTATION UNCOLLECTED ITEMS

Many athletes from last season still have coloured patches, Zone/Region/State certificates as well as awards and gifts that remain uncollected. These can be collected from the Greenway Oval Athletics canteen on **Monday 6th August 5.30pm - 7.30pm** and **Wednesday 8th August 5.00pm - 7.00pm**.

These items will also be available on the **finalising Registration Days**.