

CHERRYBROOK LITTLE ATHLETICS

NEWSLETTER NO 6

19 September 2018/19 season

Hi Everyone!

It was fantastic to see so many athletes at our first Competition night last Friday. We are looking forward to seeing our enthusiastic participants again this Friday night for Program 2.

FINALISING REGISTRATIONS THIS FRIDAY NIGHT

Members can finalise their registrations this Friday night, however as this is also a night where we accept Triallists we are going to stagger the registrations.

5.30pm - Triallists Sign Up, as well as parents with a track or field duty

6.00pm - New members to finalise registrations

7.00pm - Re-registering members can finalise registrations.

Re-registering athletes are welcome to join their age groups before their parents finalise their registrations and collect their numbers, however there is no guarantee that their results will be recorded.

Please exercise patience as we only have limited staff available on Registrations this week.

UNIFORM

Uniform will also be available to purchase this Friday 21st September by cash or online banking on your smart phone. Credit card payment is only available for purchases made online.

U6 PARENTS – SETTING UP EQUIPMENT FROM 5:15pm

Thank you to the U6 parents that assisted setting up the oval for competition last week. Your help was appreciated. Just a friendly reminder that **all U6 parents are asked to assist with the setting up of equipment on a Friday night** to ensure we are ready to commence at 6pm. Members of the Committee will be there to guide and assist you.

PARENT DUTY - SIGN IN INSTRUCTIONS

Thank you to everyone that undertook their rostered duties last week. This week all Program 2 rostered parents will be required.

If you are unable to attend on a Friday evening when you are rostered on a duty, could you please text Nicky Jenneke on 0448 407 716 to let the club know. For any missed duty, we simply ask you to volunteer your time at that duty on another non- rostered night if required.

1. On arrival on Friday night, all volunteers rostered on a duty please sign in at the 'Sign In' table located between the Canteen and the Bathrooms.
2. Track and Field Officials should aim to be at their duty area by 5.45pm to check that the area is set up and ready for a 6pm start.
3. Please undertake your duty for the **entire evening** and give our young athletes the best possible Friday night of Athletics.

WEEKLY RESULTS – RESULTSHQ

Weekly results will be available by logging into the ResultsHQ website (located under Results & Records > LA Results & records on our website).

Weekly results are uploaded before any checking has been done. **Please note** that while every effort is taken to capture these results accurately, they have not been validated, and may change once they have been checked!

Results entered via iPads, tablets and smart phone apps will be available immediately. Most results from electronic gates will also upload on save. All other results will be available once uploaded after Friday evenings' competition. It is anticipated that all results should be available by Saturday afternoon.

Results for late registered athletes will start to be uploaded on the next weeks competition after registration is finalised.

HIGH JUMP - U10 Boys and U12 Girls

It has come to the attention of the Club that some athletes in the U10 Boys and U12 Girls did not record a height at High Jump last week. At Cherrybrook it is our policy to ensure all athletes record at least one height (where possible). We would therefore like to invite any athlete who did not record a height in High Jump last Friday night to please have another chance this Friday night from 5pm. Under 10 Boys starting height 0.80m and Under 12 Girls starting height 0.90m. Parents of any athlete taking up this opportunity will be required to assist at the event for approximately 30 minutes.

CANTEEN

The gözlemes were a great success last week and will be available again this week, as well as sausage sandwiches!

- ◆ Lamb mince and spinach gözleme - \$3 half/ \$5 whole
- ◆ Feta Cheese and spinach gözleme - \$3 half/ \$5 whole
- ◆ Sausage sandwiches \$3

IMPORTANT DATES FOR THE CALENDAR!

At Cherrybrook Athletics we like to encourage as many athletes as possible to take part in both the LA's State Relays as well as the Zone Championships. Details on how and when to nominate for these events will be notified in upcoming newsletters and Friday Night Announcements.

LA's State Relays - Saturday 17th and Sunday 18th November (SOPAC, Homebush)

LA's Zone Championships - Saturday 8th and Friday 9th December (Barton Park, Parramatta)

WORKING WITH CHILDREN FORMS

All parents that attend Cherrybrook Athletics are required to complete a Working with Children form. Most parents completed this as part of the registration process, however, if any parent has not done so, spare forms are available from the canteen. Completed forms for additional parents or guardians can be handed in at the canteen on a Friday night.