

# CHERRYBROOK SENIOR ATHLETICS NEWSLETTER

## 21<sup>st</sup> September 2018

### CONGRATULATIONS

**CONGRATULATIONS** to **Sally Stagles** on winning a **Silver Medal** in the 80m Hurdles at the 2018 World Masters Athletics Championships in Malaga, Spain.

**CONGRATULATIONS** also to **Jill Taylor** on her consistent performances across her seven different events in Malaga.

### 2018/2019 REGISTRATION PROCESS

- Registrations opened 1<sup>st</sup> August.
- Athletes need to register online. Information on the process can be found on the Cherrybrook website.
- Competition numbers will no longer be issued by the Cherrybrook Registrar but instead will be generated by the ANSW computer system. ANSW will then issue individual numbers at the athlete's first competition upon check-in.
- RunNSW and Waratah Series athletes will not be issued numbers this season. They will be issued with one-off temporary bibs.
- As last season, Dual athletes are to nominate their senior club (**Cherrybrook**) when registering online for Little Athletics.
- Club Athletes (\$100 rego fee) are now able to compete at 2 ANSW events (previously it was 1) from the following 4 - Country Championships, NSW State Relays, NSW Masters Championships or Club Championships.
- Concession Members must now hold a govt concession card and not merely be aged over 60.
- Pic2Go has been replaced by Race Atlas. It is the same system just a different web address to access the pictures.

### GOOD LUCK

Good luck to all the Cherrybrook Athletes competing at the **2018 2XU NSW All Schools Championships** at **SOPAC** next week. We're looking forward to seeing lots of PBs, medals and a strong representation of Cherrybrook Athletes selected in the NSW Team for Australian All Schools in December.

If you are there on Saturday 29<sup>th</sup> September please look out for and visit the Cherrybrook Stall which we are using to promote the club to potential new school athletes. Any help families of athletes competing on the day can give will be much appreciated. Please contact Nicky (0448 407 716) for more details.

### UPCOMING EVENTS

#### Bankstown All-Comers 6<sup>th</sup> October

The first event of the Athletics NSW season will be an All-Comers competition at Bankstown on Saturday 6<sup>th</sup> October. Events on offer are Track - 100m, 200m, 1500m Walk, 5000m Walk, 400m Hurdles, 200m Hurdles, Triple Jump, High Jump, Javelin Throw and Discus Throw

Entry fees are \$10 online for members (both ANSW and Dual Members) and \$20 for non-members.

Entries will close at 9am, Wednesday 3rd October, 2018.

On-the-day entries will be available for \$20 cash (members) or \$30 cash (non-members) at Athlete Check-In. On the day entry must be completed one (1) hour prior to the athlete's first event.

Further details available from:

<http://www.nswathletics.org.au/Events/Calendar/all-comers-bankstown-11>

Online Entry is now open and available from:

<https://bankstownallcomersoct6.eventdesq.com/>

### **NSW 10,000m Championships, Sydney Milers Club 800m & 1500m**

The NSW 10,000m Championships, as well as the Sydney Milers Club 800 and 1500, will follow the conclusion of the Bankstown All-Comers program.

Further details and entry from the following link:

<http://www.nswathletics.org.au/events/Club-Calendar/sydney-milers-club-i>

### **Treloar Shield Round 1 Saturday 13<sup>th</sup> October Blacktown**

The first round of the **Treloar Shield** will be held on **Saturday 13<sup>th</sup> October** at Blacktown. Events on offer are 100m, 400m, 800m, 3000m, 3000m Walk, Sprint Hurdles, Long Jump, High Jump, Shot Put and Hammer Throw.

Further details can be found on:

<http://www.nswathletics.org.au/Events/Calendar/treloar-shield-1-blacktown>

**Online Entry is open via:**

<https://ts120182019.eventdesq.com/>

It would be fabulous to see a large Cherrybrook turnout to ensure the club gets off to a great start in this competition.

### **Treloar Shield Round 2 Saturday 20<sup>th</sup> October SOPAC**

The second round of the **Treloar Shield** will be held on **Saturday 20<sup>th</sup> October** at Sydney Olympic Park. Events on offer are 60m, 200m, 1500m, 5000m, 400m Hurdles, 200m Hurdles, Pole Vault, Triple Jump, Discus Throw and Javelin Throw.

Further details can be found on:

<http://www.nswathletics.org.au/Events/Calendar/treloar-shield-2-sopac-11>

**Online Entry is open via:**

<https://ts220182019.eventdesq.com/>

### **NSW 2018/19 SUMMER SEASON CALENDAR**

The calendar can be accessed from:

<http://nswathletics.org.au/Events/Calendar>

## ATHLETICS AUSTRALIA 2018/19 SUMMER SEASON CALENDAR

Athletics Australia has released the calendar for the 2018/19 summer season.

The calendar can be accessed from:

<http://athletics.com.au/Compete/Events>

## FRIDAY NIGHT CLUB COMPETITION

Cherrybrook Little Athletics Friday nights have now resumed.

## CHERRYBROOK RECORDS

If you think you have broken a Cherrybrook record during the season please provide details to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com). Records at the start of the season are set out in the 2017-2018 Red Book and on the Club website under Centre Records.

## RESULTS

Only results from Cherrybrook Club competition and State permit meets eg Allcomers, Treloar Shield events and State/National events will be reported by the club. If you compete at other meets please send your results, along with proof of performance to Robert Clark at [robclark307@gmail.com](mailto:robclark307@gmail.com). Please notify Robert if your results are missing, incorrect or a PB performance has been missed.

### World Masters Athletics Championships, Malaga Spain 4<sup>th</sup> – 16<sup>th</sup> September 2018

ATHLETE	AGE	EVENT	RESULT	PLACE	Detail
Jill Taylor	60-64	Hammer	32.65m	9th	
		Shot Put	8.81m	15th	1st in B final
		Discus	23.59m	15th	
		Weight	12.84m	11th	
		Javelin	16.33m	18th	
		Triple Jump	6.67m	12th	
		Throws Pentathlon	3368pts	10th	
Sally Stagles	55-59	100m	14.81s	16th	
		80m Hurdles	13.09s	<b>SILVER</b>	
		4x100m Relay	Dsq		