

# CHERRYBROOK LITTLE ATHLETICS

## NEWSLETTER NO 11

26 October 2018/19 season

Hi Everyone!

Perfect conditions for Little Athletics last week - fingers crossed for a repeat tomorrow night!

### **PROGRAM 2 – Friday 26<sup>th</sup> October**

<https://athleticsclubwebsite.files.wordpress.com/2018/10/2018-2019-cherrybrook-athletics-program-october-2018-final-v1-1.pdf>

#### **U11 INVITATIONAL EVENTS - 5:15pm tomorrow evening**

**Javelin** (Discus area). Highly recommended for athletes that wish to gain selection in Javelin at the State Relays or Zone carnival.

**High Jump**. Highly recommended for athletes that wish to gain selection in High Jump at the State Relays or Zone carnival.

Any Under 11 Athletes taking part in an invitational event, are asked to make their way to the event area on their arrival at the Oval. Parents of athletes taking part in an invitational event, are required to attend the event until 5.40pm and must assist as officials at the event if requested.

**This week all Program 2 rostered parents will be required.** Please click on the recently updated Sign Up Genius link to check your duties: <https://www.signupgenius.com/go/60B054CAA929A13-201820191>

**A reminder that if you are rostered on as an Official at an event, you are not just 'helping out', you are 'Officials' and as such are in charge of the event you are at. You are responsible for being at your event area at all times whilst athletes are competing (not just your own child's age group please).** All field officials should have received an email with a link to a video on how to officiate your event as well as written details. If you have not received those details, please contact Charlene Stewart at [c\\_stewart001@hotmail.com](mailto:c_stewart001@hotmail.com)

Officials instructional information is also available as handouts on the Sign in desk.

**If you are unable to attend on a Friday evening when you are rostered on a duty, could you please text Nicky Jenneke on 0448 407 716 to let the club know.** For any missed duty, we simply ask you to volunteer your time at that duty on another non- rostered night if required.

### **U6 PARENTS – SETTING UP EQUIPMENT FROM 5:15pm**

**A reminder to ALL U6 Parents that your duty on Friday nights is to assist with the setup of the equipment from 5.15pm or as early as you can get to the Oval. Many hands make light work!**

### **FIELD RESULTS RECORDERS**

Just a friendly reminder to write or stamp "entered" on the field results sheets after you have entered results on CompHQ and place them in the laptop bag with the field results laptop at the back of the HJ area. Thank you!

We are also seeking a parent to assist with the Field Results entries for the U14 – U17 girls age group. If anyone would like to assist with this position, please speak with Charlene Stewart.

## **SIGNING IN ATHLETES**

Sign-in folders will be laid out in age order on tables located on the concrete area in front of the barbecue.

## **CLUB PHOTOS**

Thank you for all the smiles and cooperation from athletes last week for our photo night 🌟

Unfortunately lighting and equipment issues has meant that some groups will need to have a re-shot this Friday. We apologise for this situation, but ask for the cooperation of the following age groups:

Under 13 Girls: During warm up.

Under 14-17 Boys and Girls: Before their first event.

Under 12 Boys: After their 60m Hurdles event

If any parents have good quality images from last week's group photos or any track and field images throughout the season, please send them to [Nickyjenneke@gmail.com](mailto:Nickyjenneke@gmail.com)

## **LANSW STATE RELAYS - Saturday 17<sup>th</sup> and Sunday 18<sup>th</sup> November**

A copy of the draft timetable will be on display tomorrow night near the canteen area.

We are still looking for athletes to compete in the following events on Sunday 18<sup>th</sup> November:

Under 13 Boys - Javelin

Under 14 or 15 Boys - Discus and High Jump

U17 Boys - Shot Put and Javelin

If you would like to be considered for selection for any of the above events, please message Nicky Jenneke on 0448407716 asap.

## **COLOURED PATCH ACHIEVEMENT AWARDS**

Congratulations to the following Athletes that are being awarded coloured patches this week:

**Yellow** – Nick Bray (U7B), Daniel Koot (U7B), Makenzie Deppeler (U7G), Abigail Wigham (U7G), Pippa Burke (U8G), Serena Li (U8G), Sian Stewart (U8G), Blake Nuttall (U9B), Harry Wigham (U9B), Laura Bray (U9G), Lachlan Booth (10B), Jade Deppeler (U10G), Mia Stewart (U10G)

**Green** – Nick Bray (U7B), Daniel Koot (U7B), Makenzie Deppeler (U7G), Pippa Burke (U8G), Serena Li (U8G), Sian Stewart (U8), Mia Stewart (U10)

**Red** - Makenzie Deppeler (U7G), Pippa Burke (U8G)

## **CONGRATULATIONS**

**Kailyn Joseph** who has been selected as a finalist at the premier NSW Sports Awards. Kailyn has been nominated by Little Athletics NSW in the Young Athlete of the Year with a Disability category. The winners will be announced at the 2018 NSW Champions of Sport Ceremony on Tuesday 27 November 2018 at Rosehill Gardens.

**Sara Kely** who won four Gold medals at the State Special Olympics last Sunday in the 100m, 200m, Long Jump and Shot Put, as well as a Bronze in the 4 x 100m relay.

## **GOOD LUCK**

To all our Primary school students who are competing at the NSW PSSA Athletics Championships on Wednesday 31<sup>st</sup> October & 1<sup>st</sup> November at Homebush.

## **UPCOMING EVENTS**

<b>Mid-West Zone Multi-Event Carnival</b>	28th October 2018	Entry through ResultsHQ
<b>Kings Langley LAC Multi</b>	28th October 2018	Entry through ResultsHQ
<b>Trans-Tasman Trials (U11 &amp; U12)</b>	4th November 2018	Campbelltown
<b>U6 + U7 Relay Night</b>	Friday 16 <sup>th</sup> November	Greenway Oval
<b>U6 Ribbon Night</b>	Friday 7 <sup>th</sup> December	Greenway Oval
<b>LA's Zone Championships</b>	8 <sup>th</sup> & 9 <sup>th</sup> December	Barton Park, Parramatta

## **INVITATION TO ALL DUAL ATHLETES U12 – U17: TRELOAR SHIELD**

**3<sup>rd</sup> Treloar Shield - Saturday 3<sup>rd</sup> November** at Campbelltown

Events on offer are 100m, 400m, 1500m, 5000m, Sprint Hurdles, Steeplechase, 1500m/5000m Walk. Field - Pole Vault, Long Jump, Discus Throw and Shot Put. Further details can be found on:

<http://nswathletics.org.au/Events/Calendar/treloar-shield-3-campbelltown>

Online Entry is open via: <https://ts320182019.eventdesq.com/> and close at 9am on 31st October 2018

**4<sup>th</sup> Treloar Shield - Saturday 10th November** SOPAC

Events on offer are 60m, 200m, 800m, 200m/400m Hurdles, Triple Jump, High Jump, Hammer Throw and Javelin Throw. Further details can be found on: <http://nswathletics.org.au/Events/Events/treloar-shield-4-sopac>

Online Entry is open via: <https://ts420182019.eventdesq.com/> and close at 9am on 7th November 2018