

CHERRYBROOK LITTLE ATHLETICS

NEWSLETTER NO 14

22 November 2018/19 season

LANSW STATE RELAY CHAMPIONSHIPS

Congratulations to all athletes that represented the club at the LANSW State Relay Championships at Homebush last weekend. It was fantastic to see our athletes having a great time with their teammates on and off the sporting arena. Special congratulations to the following teams:

U17 Boys Jumps Team: Donovan Bradshaw, Robbie Cullen and Jonothan Reid – **GOLD MEDAL**

U17 Boys 4 x 100m Relay: Robbie Cullen, James Li, Noah Liu, Donovan Bradshaw – **GOLD MEDAL**

U8 Girls Jumps Team: Anna Moresi, Gabriella Oimage, Sian Stewart - **SILVER MEDAL**

U10 Girls Jumps Team: Natasha Flahey, Ruby Semaganda, Layla Tawbe – **BRONZE MEDAL**

Thank you to Naomi Moore and Nicky Jenneke for all their hard work and hours behind the scenes organising teams and replacements when needed, and to the parents for their support and undertaking duties.

Anyone with photos from the State Relays could you please send your best shots to Nicky Jenneke either by the end of the year if unedited or by February if edited. Photos may be emailed to Nicky at Nickyjenneke219@gmail.com or given to Nicky on a memory stick on any Friday night or training night.

U6 & U7 RELAY NIGHT

Our inaugural U6 & U7 Relay night was a great success with lots of fun, team spirit, smiles and laughter. Thank you to our wonderful young athletes who took part and to the parents that cheered on the teams and helped to make the night run smoothly. Many thanks to Nicky Jenneke for her enthusiasm and drive behind this great initiative.

A reminder to all parents that took photos on the night to please send the images to Nicky at Nickyjenneke219@gmail.com at your earliest convenience.

We would love some stories from the athletes to share their memories of the night, just a sentence or two is fine (or more). These will be displayed in the Clubroom (they may be submitted with a drawing or photo) and one will be selected to go in the annual report.

PROGRAM 2 – Friday 23rd November

<https://athleticsclubwebsite.files.wordpress.com/2018/10/2018-2019-cherrybrook-athletics-program-october-2018-final-v1-1.pdf>

This week all Program 2 rostered parents will be required. Please click on this link to check your duties:

<https://www.signupgenius.com/go/60B054CAA929A13-201820191>

Could any parent who is still yet to sign up or has only chosen a duty on one week, please sign up for duties this week. Parents who either do not have a duty or only have one duty as of Monday the 26th November will have duties allocated to them by the club. Apologies to parents waiting for Nicky Jenneke to fix up their duties, she will attend to this next week.

To help identify the officials at all field events, the field officials will be asked to wear a red Coles vest, which can be collected from under the duty sign in table.

A reminder to ALL U6 Parents that your duty on Friday nights is to assist with the setup of the equipment from 5.15pm or as early as you can get to the Oval.

LONG JUMP OFFICIALS

All Parents that have signed up for Long Jump Duty this season (on any program) are asked to attend a short meeting this Friday night at 6.10pm with Nicky Jenneke at the long jump pits.

ZONE SELECTIONS

All parents should now have checked their child's zone nomination details online. If not, this is your last chance! Zone entries should be checked here [Cherrybrook LA Zone entries](#)

Any corrections must be emailed to Nicky Jenneke by 10pm this Friday.

Athletes that entered late or sent Karim or Nicky corrections or changes this week, will not appear on the online list. The following athletes have been added to the Zone Team or had changes made to their selections are: *Aliyah Bennett, Charlotte Blair, Pippa Burke, Anna Cahil, Jett Cuza, Lance Haffenden, Ally Maclaine, Julian Mendria, Ajaiy Mohanraja, Andres Rocco, Francesca Sugiaman, Milena Visser and Kayla Wiberg.*

ZONE OFFICIALS REQUIRED

If you have completed your Level 1 online officials course and would like to get some practical experience under the guidance of a qualified official, please contact Nicky Jenneke on 0448407716. Met North Zone is looking for parents with their Level I officials certificate to volunteer for half day shifts at the Zone Championships. If you can help, please speak with Nicky Jenneke.

PARENT DUTY ROSTER FOR ZONE

ALL PARENTS will be required to sign up for at least one duty for each of their children competing at Zone. Those parents that did not fulfil a duty at the State Relay Championships last weekend, may be asked to complete an extra duty. The link to the Sign-Up Genius roster will be sent to members this weekend.

COLOURED PATCH AWARDS

Congratulations to the following athletes on achieving their coloured patches:

Yellow

Keethan Jeyarajah (U7B), Russell Mandla (U7B), Lyla May Boyle (U7G), Madison Tabrett (U7G), Nathaniel An (U8B), Jack Adams (U9 B), Nisini Rajapaksha Mudiyansele (U9G), Ruby Semaganda (U10G), Ryan An (U11B), Madison Clarke (U11G)

Green

Keethan Jeyarajah (U7B), Russell Mandla (U7B), Lyla May Boyle (U7G), Ruby Penn (U9G), Nisini Rajapaksha Mudiyansele (U9G), Ruby Semaganda (U10G), Madison Clarke (U11G)

Red

Oliver Penn (U7B), Lyla May Boyle (U7G), Nisini Rajapaksha Mudiyansele (U9G)

GOOD LUCK:

U12 - U17 dual athletes and senior club athletes competing at the NSW Relay Championships this weekend at Homebush.

Tayla Moore and **Jessica Coppolelli** competing at the National Primary Schools Championships in Melbourne.

UPCOMING EVENTS

Cherrybrook Multi Night	Friday 30 th November	Greenway Oval
U6 Ribbon Night	Friday 7 th December	Greenway Oval
LA's Zone Championships	8 th & 9 th December	Barton Park, Parramatta
NSW Club Championships	Saturday 15 th December	SOPAC, Homebush

CHERRYBROOK MULTI NIGHT

More details regarding our Multi Night will be posted on our website and emailed to members next week.

UNDER 6 RIBBON NIGHT

On Friday 7th December a special competition will be held for the Under 6 athletes in track, field, relays and novelty events. Ribbons will be awarded for athletes placing first, second and third in events and participation ribbons will be awarded to all non-place getters. This is the Friday night before Zone Championships, so there will be no Friday night competition, however siblings of U6 athletes may join in (but will not receive ribbons)

The night will commence at 5.45pm, with help setting up welcomed from 5.15pm.

If your U6 Athlete hopes to take part, could you please text Nicky Jenneke with your child's name and a message of 'U6 Ribbon Day' by Wednesday 5th December by 5pm. We hope all our U6 athletes will be there.

NSW CLUB CHAMPIONSHIPS

Traditionally the Club Championships are a seniors' event, however this season it has a new format with the inclusion of some LA's age groups. Selection in the team will be by invitation which will be sent out early next week to athletes to make up small teams in the U11, U14 and U17 age groups.

The U11 teams will be selected from our best performing athletes from the U9 – U11 age groups.

The U14 teams will be selected from our best performing athletes from the U12 – U14 age groups (including our Dual athletes).

The U17 teams will be selected from our best performing athletes from the U15 – U17 age groups (including our Dual athletes).

We hope that all athletes who are invited to compete will accept their invitation to represent the Club at this event if available. All Club members are welcome to come along as spectators, with some of Australia's best senior Athletes competing in the afternoon.

LEVEL ONE OFFICIALS COURSE

We would like to encourage any parents who have not yet completed an online level 1 Official course to please consider doing one. The **Australian Athletics Officials' Education Scheme** (AAOES) can be undertaken online and will give parents greater confidence when undertaking their roles on Friday night and at Zone, Region and State Championships. To get started visit: <http://athletics.com.au/Officials/Level-1-Important-Information>

SUMMER HOLIDAY BREAK

Our last night of competition for this year will be Friday 14th December. Friday night competition returns in the New Year on Friday 11th January.